



Stellarseeds

Certified Organic Grown in BC Heritage Varieties

2011 SEED CATALOGUE



Peas, Brazilian Edible Pod

field notes

Big changes are afoot at Stellar Seeds.

This fall we have relocated to our new farm on Kootenay Lake in the small community of Johnson's Landing. We've been welcomed warmly here, and are delighted to be farming a beautiful field on the slopes of the majestic Purcell mountains. Our southern and western exposure not only gives us inspiring views of the lake and mountains around us, but warms the soil, drains frost, gives long hours of afternoon sunshine, and promises many years of good seed production ahead.

This past summer, we marked our 10th anniversary. Most of those years were spent in partnership with our friends at Left Fields in Sorrento, where we shared their farm and established our seed company. Our new farm has an agricultural legacy dating back almost a century, but has lied fallow for over twenty years. We've started by ploughing a portion of our property for seed and food production, while we focus on infrastructure projects that will allow us to grow forward over the coming years.

Our medicinal herbs section has expanded this year and we've enjoyed the sight of these regal plants in our fields, as well as the diversity they've brought to our farmscape. Many are magnets for beneficial insects, doing dual work healing our garden as well as our health. It seems obvious that every piece of land should provide nourishment and medicine. Why didn't we see it sooner?

We've also redesigned our website, which we invite you to visit. There you'll find pictures of our crops and our farm, customer forums, seedsaving tips, books and resources, bulk seed listings, grower profiles and more. We'll be updating the site regularly with photos and stories from our work turning this great piece of land into a thriving farm full of food, seeds and breeds.

May the sun shine and your garden grow fine,

Patrick Steiner and Colleen O'Brien



Patrick preparing onions for planting

contents

Vegetables	2
Herbs.....	8
Flowers.....	10
Order Form	11

For bulk seed listings please visit:

www.stellarseeds.com

All seed packets \$3.35 each

Organic designations used in this catalogue

All seeds listed in this catalogue with the designation **Certified Organic** are acceptable as certified organic across North America. Some local organic growers who supply seed to us are certified organic in British Columbia only. You will see **BC Certified Organic** to designate those seeds which are only accepted as certified organic in BC. Listings with no designation have been grown by local growers using ecological farming methods, but with no third-party certification.



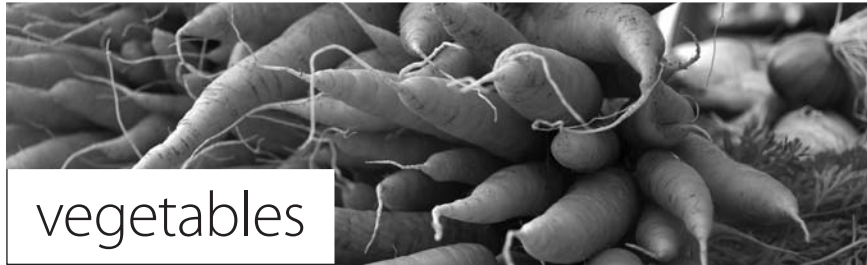
Strawflowers



Cress Harvest



Lettuce, Pablo



Nantes Coreless p3

vegetables

■ BEANS *Phaseolus vulgaris* 25g pkt (~90seeds)

Admires, Bush bean. High quality, Dutch green bean with large, semi-flattened, wide pods. Beans are 15cm long, 2.5cm wide, early and stringless, with great taste and yield. **Certified Organic**

Beurre de Rocquencourt, Bush bean. This French heirloom wax bean produces prolific amounts of slender, 12cm-long golden yellow beans on compact, upright plants. Pods are round-oval, stringless and very flavourful. Vigorous plants resistant to cold and wet growing conditions in the beginning of the season. **Certified Organic**

Black Coco, Bush bean. Large, round, cocoa-flavoured beans. Versatile - good early snap bean, then sheller, then great dry bean. A must have! **BC Certified Organic**

Chiapas Red Kidney, Bush bean. Dual purpose bean is fine-textured, stringless and sweet for eating as a snap bean but can be left to dry down and harvested for the tasty, small red kidney beans inside - an excellent staple in your winter pantry. Pods are 10-12cm long, straight, and an attractive light green colour. **Certified Organic**

Dragon Tongue, Bush bean. This heavy yielding variety of yellow wax bean is one of the sweetest beans we have ever grown. Extremely juicy and tender, it makes for wonderful fresh eating, try eating it raw as part of a veggie platter. Slightly flat, light yellow pods with purple stripes grow 20-25cm long. Extremely vigorous plant loaded with beans. **Certified Organic**

Maxibel, Bush bean. This elegant french filet variety has dark green, slender, extra-long stringless pods that are firm-textured and tender. High yields on sturdy, erect plants. Our favourite snap bean, it is wonderful for home or market. **Certified Organic**

Orca, Bush bean. Beautiful black and white dry bean in a yin-yang pattern. Great flavour. **BC Certified Organic**

Shirofumi Edamame Soybean *Glycine max* – Gourmet soybean with a sweet, nutty flavour and exceptional texture. Plants produce a prolific number of pods with 2-3 beans in each pod. Harvest beans in late August through early September when pods are full, but before beans become starchy. **Certified Organic**

■ BEETS *Beta vulgaris*

Cylindra A uniquely shaped cylindrical beet that grows roots about 15cm long. Has an earthy, sweet flavour and is fine-grained. Favourite for chefs due to uniform slices and easy peeling - prized by picklers for the same reason. Great for market for its unique shape. (~100 seeds) **BC Certified Organic**

■ CAPE GOOSEBERRY *Physalis peruviana*

Poha These upright, branching plants grow 80cm tall and 50cm around. Hanging from the branches are small husked fruits with an incredibly sweet, yet tangy flavour that is the closest thing to tropical fruit we can grow in Canada. Fruits grow 2-3cm in diameter and are ready for harvest when husks have dried down and fruits turn bright orange in colour. All the rage in gourmet food circles. (~50 seeds) **Certified Organic**

■ CARROTS *Daucus carota* ~350 seeds

Dragon Much sought-after carrot with purple-red skin that contrasts beautifully with deep orange flesh. Some carrots have yellow core as well! Sweet flavour with a hint of spice. Carrot is 4-5cm at shoulder tapering to a point, 10-15cm in length. **BC Certified Organic**

Nantes Coreless High quality carrot that is excellent for home or market growing. Orange roots are 5cm at shoulder, taper to a blunt tip and grow 20cm long. Strong tops make for easy picking and good bunching. Sweet, with full carrot flavour - a customer favourite at our market stand. Excellent storage qualities. Photo left. **Certified Organic**

■ GREEN ONIONS *Allium fistulosum*

He-Shi-Ko Also called scallions or bunching onions, these tall (40cm) green-stalked, white-rooted onions are perfect for cutting into soups, salads, etc. Very space efficient in small gardens. Left in the ground, this cultivar becomes perennial, offering the earliest spring greens for gardeners to harvest. (~300 seeds) **Certified Organic**



Minutina p3

■ GREENS

Arugula *Eruca sativa* – This popular southern European leaf has become well-loved in North America, particularly as an addition to salad mixes. The distinct pepper flavour works well in many dishes. Grows quickly, ready to harvest in 3-4 weeks. Ideal for cut-and-come-again culture. (~1500 seeds) **Certified Organic**

Arugula, Turkish *Eruca sativa* – A hardy, long-lasting arugula with light-purple veins. Dates back to the early 1900's when it was grown in the Vilmorin Gardens in France. (~1500 seeds) **Certified Organic**

Broadleaf Cress *Lepidium sativum* – Quick growing plant has leaves that grow about 7cm long and 2cm wide. Roughly oval in shape, the leaves are slightly lobed and wavy making for a visually interesting addition to salads. Leaves can be harvested repeatedly and have a slight bite similar to mustards. (~1200 seeds) **Certified Organic**

Golden Purslane *Portulaca oleracea* – Improved cultivated purslane varietal with upright growth habit for ease of picking. Leaves are large, medium-green with golden tinge, contrasting nicely with reddish stems. Mild flavour with a touch of lemon "zing". Super healthy green high in anti-oxidants, excellent addition to salads. (~500 seeds) **Certified Organic**

Minutina *Plantago coronopus* – A unique Italian heirloom, Minutina is a great cold weather salad green that has a mild nutty flavour and crunchy texture. The narrow leaves are about 12cm. long, with little "horns" along the edges. A great addition to salad mixes for variety in leaf shape. Easy to grow and self-seeds. Photo left. (~400 seeds) **Certified Organic**

Mizuna *Brassica juncea* – Mild flavoured popular Japanese mustard green. Attractive, deeply serrated, feathery green leaves with slender white ribs are eaten fresh in gourmet salad mixes. Particularly favoured for cut-and-come-again culture, it regrows quickly and by staggering plantings, you can enjoy it all season long. Extremely cold hardy it will live well into late autumn. (~1500 seeds) **Certified Organic**

Ruby Streaks Mustard *Brassica juncea* – Great salad mix addition. This uniquely shaped, highly lobed, feathery mustard green has become a staple for mixed salad growers everywhere. Nothing else looks like it, nothing else tastes like it! Colour ranges from dark green with red veins to deep maroon. (~700 seeds) **Certified Organic**

Shungiku *Chrysanthemum coronarium* – Popular in Japan. Cut leaves when 10-20 cm tall to add to salads, vegetables, pickles and homemade sushi. If left unharvested, produces small yellow and white chrysanthemum flowers. Also known as Edible Chrysanthemum. (~400 seeds) **Certified Organic**

Tatsoi *Brassica rapa* – The glossy, deep dark green, spoon-shaped leaves of this plant have an attractive shape. Flavour is mild and nutty with a hint of mustard. Plants grow 30cm high and form a rosette about 50cm around at maturity. Leaves can be harvested repeatedly. Excellent raw or cooked – salad mix and stirfry staple. (~1500 seeds) **Certified Organic**

Mild Mesclun Mix A perfect mixed salad in one packet. Mizuna and tatsoi provide quick growth, lots of shapes and texture, arugula gives a mild zip, while green and red leaf and romaine lettuces add delicacy and novel shapes to the whole blend. Like all our mixes it can be planted thickly or spaced out – you decide. **Certified Organic**

Zesty Mesclun Mix This mesclun mix has both mild and zesty flavours. Partnered are ruby streaks mustard, purple mizuna, mizuna, broadleaf cress, arugula, tatsoi and cilantro. Mix it with some lettuce for a lighter salad or use it like this with a simple vinaigrette for a zesty alternative to traditional salads. **Certified Organic**

■ **GROUND CHERRY** *Physalis pubescens*

Also called husk tomato these delicious edibles grow 1-2cm in diameter. The papery husks around the fruit turn brownish when ripe, and the yellow-orange fruits drop to the ground, awaiting hungry gardeners like some well-wrapped treasure. Sweet-tart, slightly citrus flavour is addictive and habit forming ... we mean that in the best possible way. Low growing bush 60cm wide and 40cm tall with loads and loads of fruit. (~100 seeds) **Certified Organic**

■ **LEEKS** *Allium porrum*

Durabel A great Northern variety, bred to endure harsh weather and be exceptionally late bolting, meaning you can over-winter it in your field and harvest it in early spring for market or fresh eating. Very tender and mild-flavoured with non-bulbous stalks, growing to 55cm high. (~350 seeds) **Certified Organic**

■ **LETTUCE** *Lactuca sativa*
pkt ~300 seeds

Blushing Butter Oakleaf A uniquely shaped lettuce that adds variety to your salad bowl. Traditional oakleaf shaped leaves that are savoyed (crinkled) not unlike spinach. Green at the base, the leaves “blush” into a soft pink around the edge. Tight, compact heads are ideal for close plantings. **Certified Organic**

Crisp Mint Romaine Full, large heads that are compact and tightly wrapped by lightly savoyed outer leaves. Leaves are a medium-green, and wonderfully crisp - there is no mint flavour whatsoever, and we don't know where the name comes from. One of our favourite romaines. **Certified Organic**

De Morges Braun This unique, attractive heirloom variety originally hails from Europe. Granny Smith apple-green leaves blush to red at their tips. Large, slow-bolting and always tender, its shape is somewhere between a looseleaf and romaine type. **Certified Organic**

Drunken Woman Tender, semi-heading looseleaf variety with light to bright green leaves blushing to red at their tip. One of our largest lettuces, very slow to bolt, great taste and appearance. Customer favourite. **Certified Organic**

Freckles aka Forellenschluss, Trout's Back, this attractive green romaine lettuce is flecked with red/maroon spots, making for a beautiful presentation in salads. The tender, crunchy, sweet leaves have excellent flavour and the mid-rib is not tough. One of our best. **Certified Organic**



Galisse

Galisse Compact plants grow to 25cm around and are a pleasing, vibrant green colour with uniformly shaped oakleaf leaves. Heads can be picked whole or leaves picked individually for cut-and-come again culture. Excellent for market. Photo left. **Certified Organic**

Hilde High quality green butterhead type that consistently forms tight heads surrounded by wavy, light green leaves. Texture of lettuce is tender and taste is sweet without bitterness. Good variety for resistance to tip-burn in heat. One of our top sellers at the market this year! **Certified Organic**

Lettuce Mix Blend of Drunken Woman, Red Velvet, Yugoslavian Red, Poschiavo, Blushing Butter Oakleaf and Rouge d'Hiver. **Certified Organic**

Pablo Multi-coloured iceberg type with green/cream centre. Attractive outer leaves have wavy margins. Crisp texture, good flavour, nice addition to salads for texture. **Certified Organic**

Plato The largest romaine variety we have ever grown. Huge dark green central head surrounded by turned-out leaves, 40cm tall and 40cm around. Crisp texture. Fantastic presentation. Excellent for market or home, one lettuce provides enough caesar salad for an army of hungry gardeners. **Certified Organic**

Poschiavo One of our new, favourite lettuces. A fantastic heirloom variety from Switzerland. A beautiful green oakleaf that fades into red. Large, slow-to-bolt heads with leaves that are sweet and tender. A great addition to any salad. **Certified Organic**

Red Velvet Unbelievably deep red colour that is almost purple, this eye-catching looseleaf was a mainstay of our market lettuces this year. Tender, sweet leaves are slightly savoyed and heads grow large, with only a little green at the core. Highly recommended! **Certified Organic**

Tari A beautiful leaf lettuce, Tari produces broad, frilly, bright green leaves in a full loose head. Recommended looseleaf type for market gardeners or for home use. **Certified Organic**

Waldman's Dark Green This is the standard green leaf lettuce in the produce trade. It's best for late spring and fall plantings but may be grown all summer. Reliable producer of high quality heads. **BC Certified Organic**

Winter Density A beautiful butterhead/romaine cross. The compact, dark green leaves stand about 20cm tall and display upright, but tender leaves. Frost tolerant and bolt resistant. A unique, flavourful English variety. **Certified Organic**

Yugoslavian Red Absolutely gorgeous heirloom butterhead lettuce from Yugoslavia. Introduced to North America in 1987. Predominately dark red heads have a cream/green/red interior and are tender, succulent and flavourful. **Certified Organic**

■ **ONIONS** *Allium cepa*

Bedfordshire Champion This customer favourite produces heavy yields of large, round, 12-15cm diameter, yellow skinned onions. Excellent storage onion that retains firmness well. Heirloom from England. Plant early, matures late. Great for market and home. (~300 seeds) **BC Certified Organic**

■ **PEAS** *Pisum sativum*
Pkt ~90 seeds

Brazilian Edible Pod One of the largest snow pea varieties available. Very sweet, crunchy and stringless. Great in stir fries or salads. Best eaten when pods are large and full. Showy bi-colour pink-purple flowers. Grows to 1.5m tall. **Certified Organic**

Champion of England Heirloom shelling pea and a customer favourite, this 1m tall pea is vigorous growing with high yields of full, plump, sweet peas. With a name like this, how can you go wrong? Pick regularly to keep peas from going starchy. **Certified Organic**

Early Freezer Our earliest maturing pea, the 8cm long pods contain plump, very sweet, dark green peas that are excellent fresh or frozen. This shelling variety is noted for its extended picking time. Vines reach 90cm and do extremely well trellised. Previously misnamed as Maestro in our catalogues. If you were a fan of that, this is it! **Certified Organic**

Green Arrow The long, pointed pods of this shelling pea reach 10-12cm. Vines grow to about 75cm tall, and each pod contains about 8-10 tasty peas. A popular main crop variety, this pea delivers high yields trellised or left to ramble. Fantastic flavour. **Certified Organic**

Oregon Sugar Pod II Great snow pea variety. Short vines (30cm) have white flowers and sweet, crispy pods that reach about 10cm long. Delicious lightly cooked in stir-fries. Popular market and home favourite. Heavy yielder.

Super Sugar Snap An improved, earlier maturing variety of the popular Sugar Snap, with plumper pods and increased yield potential. The vigorous vines of this cultivar can reach 2m and require support. Crisp, sweet and juicy, the long, slender pods are excellent fresh or frozen. Highly recommended. **Certified Organic.**

■ **PARSNIPS** *Pastinaca sativa*

Harris Model This well-shaped, moderately tapered root grows to 30cm. The skin is whiter than other parsnip varieties and the flesh fine grained and sweet. Noted for its uniform shape and lack of side shoots. (~300 seeds) **BC Certified Organic**

■ PEPPERS *Capsicum annuum* Pkt ~25 seeds

Antoji Romanian This heirloom Romanian pepper was reportedly brought to North America by a defecting acrobat. Lucky for us, because this beautiful and flavourful variety is a favourite for all who grow it. The smooth, 10cm long, 5cm wide at the shoulder pepper has a pale yellow skin that matures to deep red. Sweet, tasty flesh and heavy yields of this early maturing sweet pepper are borne on sturdy, upright plants. **Certified Organic**

Boldog Sweet Paprika Smooth skinned, long, narrow, tapered fruits that turn from green to deep red when ripe. Thin, sweet skin and complex flavour make this traditional variety from Hungary one of the best known paprika style peppers. Dry it, you'll love it. Also fine flavoured and sweet for fresh eating. Prolific producer of fruits, setting well even in cooler weather. **BC Certified Organic**

Habanero Hijole! Caramba! This one is great for heat lovers! Large plants have loads of small fruit that ripen to bright red. High achiever in the Scoville rankings, if you know what we mean. **BC Certified Organic**

King of the North Considered the best red bell pepper for Northern growers where the seasons are cool and short. Nice, blocky fruits with a great, sweet flavour. **Certified Organic**

Round of Hungary Beautiful, ribbed sweet peppers that are squat and round, starting green and maturing to red. Delicious, sweet flavour and thick flesh. **BC Certified Organic**

■ SCORZONERA *Scorzonera hispanica*

Belstar Super These long, black-skinned, white-fleshed roots are eaten boiled, steamed, baked or in soups and stews. Much loved by Europeans the creamy white flesh and delicious, earthy flavour are catching on in Canadian foodie circles. This large variety is free of side-roots, vigorous growing and early maturing. **BC Certified Organic**

Summer Black Beauty Zucchini *Curcubita pepo* – Straight, cylindrical fruit that is slightly ridged. Grows to 23cm long, but best if picked around 15cm. The skin is a glossy dark, blackish-green and the flesh is green-ish white and firm, but tender and very flavourful. Grown on a semi-upright, prolific plant that has an open growth habit for easy picking. (~20 seeds) **BC Certified Organic**

Winter Red Kuri *C. maxima* – This smaller-sized squash, part of the Hubbard group, has bright reddish-orange skin and grows to 2-4 kilos in weight. The thick, dense, fine-grained yellow-orange flesh is considered one of the sweetest and tastiest by many a squash-eating fan. Excellent keeper and high yielding. Also called Uchiki Kuri. (~20 seeds) **BC Certified Organic**

■ TOMATILLOS

Toma Verde The preferred Mexican variety for making salsa verde. Produces high yields of firm 5cm pale green fruits in a papery husk. Non-pithy when ripe. Stores great. (~50 seeds) **Certified Organic**

■ TOMATOES *Lycopersicon lycopersicum* Pkt ~50 seeds

Indeterminate: Longer vines require staking. Fruit sets continually until frost.

Determinate: Short, bush plants with heavy fruit set in a shorter period. Plants don't need staking.

Ardwynna Polish Paste This mid-season tomato plant bears large, pear-shaped, meaty fruits excellent for processing or in salsa. With great flavour and firm texture, these abundant tomatoes are just what you need to stock the pantry for winter. Indeterminate. **Certified Organic**

Black Zebra This mid-sized tomato, completely round in shape, with a diameter of about 5-6cm, has red skin striped with streaks of dark green-black. Similar to the popular Tiger Stripe tomato, but with the characteristic "black" colouration of Russian and Central Asian tomatoes, as well as the distinct smoky flavour. Indeterminate. **Certified Organic**

Brown Berry Heavy producer of large cherry tomatoes, mostly red in colour with brown, earthy hues. Sweet, non-acidic flavour. Indeterminate. **Certified Organic**

Cherry Roma Produces an abundance of 4cm plum-cherry fruits bursting with flavour. Great addition to salads or just a snack out in the garden. Indeterminate. **Certified Organic**

Czech's Excellent Yellow The best yellow tomato we have grown - bears 5cm round fruits, borne in clusters of six to eight. Taste is pleasant and low-acid, much more flavourful than most yellow tomatoes. Bears prolifically and early. Indeterminate. **Certified Organic**

TOMATO TERMS

Druzba Bulgarian heirloom beefsteak with excellent flavour. Deep red colour, fruits grow 10-12cm round, and plant is very productive. Consistently uniform, large red fruit with no cracking and no green shoulders. Great sandwich slicer. Indeterminate. **Certified Organic**

Certified Organic

Earliana A great early beefsteak-type producing high-quality, smooth skinned red fruits. Heirloom tomato flavour. Indeterminate. **Certified Organic**

Gardeners Delight Our most reliable cherry tomato producing sweet, round, bright red fruits with excellent, sweet flavour. Indeterminate. **Certified Organic**

Gold Medal Large, beautiful bi-coloured tomato, with yellow flesh streaked red. Very firm and smooth. Little acid. One of the sweetest tomatoes you'll ever taste. Indeterminate. **Certified Organic**

Gold Nugget One of the earliest ripening tomatoes around. Plants produce 2cm round yellow fruits that are bursting with a rich, sweet taste. Perfect for containers. Heavy yields. Determinate. **Certified Organic**

Golden Cherry This prolific tomato produces pounds and pounds of bite-sized, bright orange fruit full of flavour - sweet, juicy and totally addictive. Bright colour is great in salads and popular with kids. Indeterminate. **Certified Organic**

Graham's Good Keeper Heavy yielding, extremely vigorous tomato that pumps out loads of medium-sized bright red fruits that can be used as a paste tomato or an all-purpose tomato for slicing and eating out of hand. Indeterminate. **Certified Organic**

Isis Candy Beautiful fruits are marbled with red and yellow and have a starburst pattern on the blossom end when ripe. Fruits grow to over 3cm in diameter. Crack resistant. One of our favourite cherry tomatoes. Indeterminate. **Certified Organic**

Keeping Tom Small, productive plants that produce mid-sized tomatoes that ripen slowly and stay in good shape long after harvest. May be picked unripe and will ripen slowly in a cool place. Eat your own tomatoes in January! Indeterminate. **BC Certified Organic**



King Umberto Pink-skinned, attractive, 5cm diameter, rose coloured oval tomatoes. Great flavour and very productive. Indeterminate. **Certified Organic**

Large German Cherry Early, large two-bite cherry-type fruit with good production. Flavour is tart, slightly sweet and juicy. Typical size is 4-5 cm in diameter. Does well in Northern climates. Indeterminate. **Certified Organic**

Moonglow Medium-sized bright orange fruits. Solid orange meat, few seeds and great flavour. Indeterminate. **Certified Organic**

Nepal Large, uniformly shaped fruits (10cm diameter) on healthy, stout vines. Attractive deep red colour, uniform ripening, heavy yields and fine flavour made this our favourite beefsteak in the 2009 gardens. Sets fruit even in cool weather, and handles high heat as well. From the Himalayas. Indeterminate. **Certified Organic**

Novikov's Giant Very prolific. Medium large beefsteak fruits that are a dull scarlet colour. Extremely tasty with few seeds. Indeterminate. **Certified Organic**

Nyagous Black tomato that is blemish-free. Baseball sized fruits that are very productive. Excellent full flavour. Great for markets. Indeterminate. **Certified Organic**

Peacevine Vigorous plant produces voluminous quantities of extremely tasty, tangy, round red fruits borne in grape-like clusters. Excellent for snacking, higher vitamin C content than other tomatoes. Indeterminate. **Certified Organic**

Peppermint High yielding red-pink tomatoes with yellow stripes before ripe. Fruit is meaty with excellent, sweet taste. Indeterminate. **Certified Organic**

Radiator Charlie's Mortgage Lifter This tomato was developed in the 1930s by M.C. Byles aka "Radiator Charlie". As his radiator repair business slumped during the great depression, he cross-bred his four best tomato plants and sold the resulting seedlings

for \$1 each in order to pay off his mortgage. These tomatoes continue to be popular today because of their sweet, rich taste, large size, and beautiful pink-red colour. Indeterminate. **Certified Organic**

squash

Ropreco Celebrated Italian heirloom paste tomato that ripens early and is very flavourful. Bushy vine is compact and needs no staking. Bears prolifically, outyields Roma. Determinate. **Certified Organic**

San Marzano This tomato has a long history dating back to the 1500s. Documented evidence in 1902 says San Marzano is a cross between King Umberto, Fiaschella and Fiascona. Today, it is considered by many chefs to be the best sauce tomato in the world. For us, San Marzano is an excellent, incredibly prolific paste tomato. Great market variety. Indeterminate. **Certified Organic**

Slava Early plant produces heavy yields of very flavourful red tomatoes. An heirloom variety from the Czech Republic. Indeterminate. **Certified Organic**

Stupice Great-flavoured, attractive, round, red tomatoes that grow prolifically. Czech heirloom that has become very popular in Canada for its flavour and early maturation. Fruits are 7cm diameter. Indeterminate. **Certified Organic**

Tyzaheloves Sibiri "Heavyweight of Siberia" An early large tomato that has large, red, heart-shaped fruit. Beautiful. **Certified Organic**

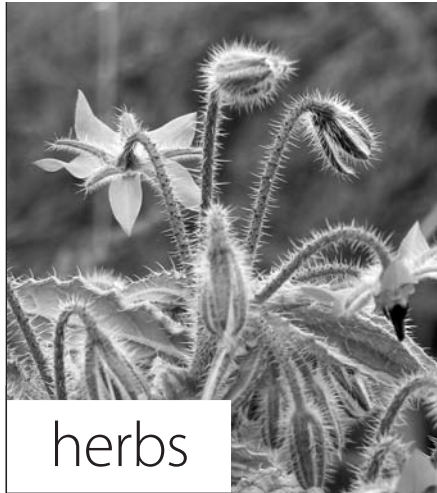
Vintage Wine Pink with gold stripes, a beautiful addition to your garden. Elegant, sweet flavour. Prolific. Indeterminate. **Certified Organic**

Wapsipinicon Peach Named after the Wapsinicon River in Iowa, these pale yellow, juicy tomatoes have fuzzy-like-a-peach skin. Wonderful, slightly spicy, fruity-sweet flavour. So sweet, it's hard not to eat them all in the garden. Indeterminate. **Certified Organic**

Zapotec Deeply pleated, pink to dark red fruits from the Zapotec people of southern Mexico. Excellent stuffed and baked, or sliced. Indeterminate. **Certified Organic**

■ TURNIPS *Brassica rapa*

Goldette Quick maturing, medium sized, round, ball-shaped turnip with beautiful yellow skin and fine-grained yellow flesh, that is firm, not pithy. Sturdy tops that grow to 40cm tall. Excellent steamed. (~800 seeds) **BC Certified Organic**



Borage p9

herbs

■ CULINARY

Basil, Italian Large Leaf *Ocimum basilicum* – The classic large-leaf basil from Italy, excellent for making pesto but also used fresh or dried for other culinary uses. Grows 40-50cm tall with excellent flavour and aroma. (~150 seeds) **BC Certified Organic**

Cilantro, Santo *Coriandrum sativum* – Select strain that is noted for being fast growing, but exceptionally slow-bolting. Good for spring and summer plantings where bolt-resistance important. Broad, bright green leaves and upright growth habit make harvesting easier. Grows to 30cm. (~100 seeds) **Certified Organic**.

Chervil *Anthriscus cerefolium* – A delicate parsley-like plant with a hint of licorice. Likes to grow in a cool season. (~100 seeds) **BC Certified Organic**

Chives *Allium schoenoprasum* – This early growing spring green helps refresh the palette after a long winter without fresh-picked garden goodies. Delicate onion flavour is excellent addition to soups, salads, egg and cheese dishes. Also repels insects and can be used for companion planting. Great in pots or in the ground. Edible purple flowers. (~100 seeds) **BC Certified Organic**

Dill, Fernleaf *Anethum graveolens* – This unique dwarf dill grows only 50cm tall and begins branching from the base. The finely cut foliage gives it its name, and it is noted for being slow to bolt and an excellent variety for drying. Small size makes it ideal for container planting. (~150 seeds) **Certified Organic**

Garlic Chives *Allium tuberosum* – Similar to regular chives in most ways, but with a delicate garlic flavour. Plants grow more slowly than standard chives and are slightly less hardy. White, star shaped flowers are long lasting, beautiful and unlike any other bloom. Makes for a great addition to salads and other dishes. (~100 seeds) **BC Certified Organic**

Lovage *Levisticum officinale* – Vigorous, tall-growing perennial herb with strongly flavoured leaves reminiscent of celery. (~150 seeds) **BC Certified Organic**

Sage *Salvia officinalis* – Green leaves are potent in soups, stews, salads and traditional in stuffings. Beneficial insects love sage. Harvest leaves before the purple flowers open and cut back plant in the spring to get a burst of fresh leaves. **BC Certified Organic**

Summer Savory *Satureja hortensis* – Annual herb whose fresh or dried leaves are rubbed on meats or used as a garnish for soups, stews, bean dishes, and more. Flavour is reminiscent of tarragon. (~300 seeds) **Certified Organic**

■ MEDICINAL

Borage *Borago officinalis* – Borage produces beautiful, edible, star shaped, sky blue flowers. This plant has many medicinal properties and is known to stimulate the adrenal glands. Photo left. **BC Certified Organic**

Calendula *Calendula officinalis* – "Wild-gathered" from the vegetable fields at Notch Hill Organics, these calendula are mostly single orange with some yellow. The edible flowers are great for teas, making salves, as a salad garnish and in rice. **BC Certified Organic**

Catnip *Nepeta cataria* – Great for cat lovers - cats love the intoxicating leaves. Tea is used to induce a good night's sleep for humans and also used as a remedy for colds and fevers. (~150 seeds) **Certified Organic**

Chamomile *Chamomilla recutita* – Sweetly scented daisy like flowers used in teas to promote calming of the nerves. **BC Certified Organic**

Clary Sage *Salvia sclarea* – Name means "clear eye". If you soak the seeds of clary sage, it will produce a mucilaginous eye bath which safely removes particles. Used as a fixative in potpourris. Beautiful, aromatic flowers. **BC Certified Organic**

Elecampane *Inula helenium* – A great multipurpose herb. Plants grow to over 6ft tall in their second year and about 60cm around. Beautiful flowers can be used to make dyes. Dried root preparations quiet coughing, stimulate digestion and tone the stomach. **Certified Organic**

Evening Primrose *Primula vulgaris* – This beautiful, upright, yellow flowered plant has many medicinal and culinary uses. The flowers can be eaten raw in salads, as a cooked vegetable or used in conserves, custards, tarts or confections. Leaves are added to salads, eaten as a potherb or mixed with other herbs and used as a stuffing for meat or poultry. The flowers can also be used in a tea that is good for headaches, feverish chills or head colds. **BC Certified Organic**

Japanese Catnip *Schizonepeta tennofolia* – Annual Chinese herb, also known as Jing Jie. Can be used as a tea for colds and sore throats. Has a wonderful mint-like scent. Produces large, bushy plants that can grow up to 60cm around. **Certified Organic**

Lemon Balm *Melissa officinalis* – A strong scented perennial that attracts bees. Full, spreading bush habit with dark green leaves that grows up to 60cm tall. Harvest before flowering and enjoy fresh or dried as a great tasting tea. The leaves, tea or tincture have a relaxing effect that relieves tension and depression. **BC Certified Organic**



Lemon Bergamot *Monarda citridora* – Excellent bee plant - beautiful purple blooms last a long time. Edible leaves are a great addition to salads and make a refreshing tea. We're also told they can help to repel mosquitos if rubbed on your skin. Grows to 1m tall. Photo above. **Certified Organic**

Marshmallow *Althea officinalis* – Highly prized medicinal used for soothing inflammation of the skin, throat, eyes, lungs and urinary tract. Roots are used for digestive problems, leaves for the urinary tract and lungs. Produces beautiful pale purple flowers. Grows over 1m. **Certified Organic**

Mint, Korean *Agastache rugosa* – An oriental variety of anise-hyssop with anise-like flavour. Makes a nice tea and a unique seasoning for meats and dressings. We love adding the fresh leaves to our salad mixes. Helps to clear fevers and strengthens the stomach. **Certified Organic**

Motherwort *Leonurus cardiaca* – Great herb for PMS, menstrual pain and delayed menstruation. Also a gentle sedative, helps to calm the nervous system and strengthens the heart. Great as a tea. **Certified Organic**

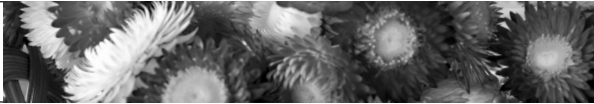
Pennyroyal *Mentha pulegium* – Tea is used to ease headaches. It has insect repelling properties and can help with fleas if sprinkled on your pet's bed. Oil is an abortifacient and herb should not be used by pregnant women. **Certified Organic**

St. John's Wort *Hypericum perforatum* – A fantastic herb that should be part of every garden. It's an old remedy for insomnia, depression and bedwetting that has now been shown to be a natural alternative to anti-depressant drugs. The flowering tops are effective in controlling mood and mild depression. **Certified Organic**

Thistle, Blessed *Cnicus benedictus* – Used as a tonic for the digestive system. Also said to improve circulation and blood, strengthening the brain and memory. **Certified Organic**

Thistle, Milk *Silybum marianum* – Seeds are an important and popular tonic herb for the liver. Beautiful plant with glossy green leaves with creamy white veins. **Certified Organic**

flowers



Strawflower

- **African Daisy** *Osteospermum ecklonis* – Beautiful, compact dwarf daisies that add glowing colours to your flower garden. Flowers range in colour from yellow to orange to white. Grows 60cm tall and is very prolific. Annual. **Certified Organic**
- **Bachelor Buttons** *Centaurea cyanus* – Easy to grow plants produce an abundance of deep blue flowers on tall stems. Adds colour to the flower garden and makes an excellent cut and dried flower. Annual. **Certified Organic**
- **Blue Columbine** *Aquilegia vulgaris* – The complex, intricate shape of columbine flowers are a marvel to the eye; this variety is coloured dark, navy blue. Grows to 45cm high and makes an excellent cut flower. Perennial. **BC Certified Organic**
- **Brown-Eyed Susan** *Rudbeckia hirta* – Rustic Summer. This domesticated cousin to the popular wildflower is Stellar Seeds own cross giving you a wide range of size and colour. From large, golden yellow petals to smaller orange-auburn heads, and all colours in between. Plants grow to 70cm tall, and blooms last well past frost. Annual. **Certified Organic**
- **Court Jester** *Chrysanthemum carinatum* – aka Painted Daisy. Flowers have an extravagant range of contrasting colours arranged with concentric rings on each single bloom. Long-lasting cut flowers. Compact, semi-dwarf plants. Annual. **Certified Organic**
- **Daisy, Shasta** *Chrysanthemum superbum* – The classic 1m tall, white-petalled, yellow-centred daisy that blooms long, looks great in bouquets, and attracts beneficial insects to your garden. No garden should be without this lovely flower. Perennial. **BC Certified Organic**
- **Dianthus** *Dianthus spp.* – A mix of vibrant shades of pink flowers that bloom in their first year. Great for cut flowers, garden borders and containers. Annual. **BC Certified Organic**
- **Edible Chrysanthemum** *Chrysanthemum coronarium* – Annual leafy plant with prolific, beautiful yellow and white flowers. The greens can be eaten and are popular in Chinese, Japanese and Korean cuisine. Also known as Garland Chrysanthemum. Annual. **Certified Organic**
- **Foxglove** *Digitalis purpurea* – Traditional English cottage garden flower. Stalks grow 1.5m high with tubular flowers ascending to a pointed crest. Flowers will range in colour from whites to shades of light and strong pinks. Very attractive to the hummingbird moth. Digitalis is poisonous if eaten – caution. Biennial. **BC Certified Organic**
- **Hollyhock, Single** *Alcea spp.* – Hollyhock with various pinks and white flowers that grow 8-10cm across on stalks up to 2m tall. Support plants with string or trellising. Biennial. **BC Certified Organic**

- **Marigold, Janie Series** A beautiful, multi-coloured marigold. Great as a border plant. Annual. **BC Certified Organic**
- **Marigold, Taj Mahal** A tall, multi-coloured marigold. Colours range from yellow to orange. Beautiful, rare variety. **Certified Organic**
- **Poppy, Perennial** *Papaver spp.* – Beautiful poppy similar in growth habit to the Frilled White but with large orange/red blossoms. **BC Certified Organic**
- **Poppy, Pink and Purple** *Papaver spp.* – Beautiful poppy with pink and purple blossoms. **Certified Organic**
- **Poppy, Red Oriental** *Papaver spp.* – Poppy with beautiful deep red blossoms. **Certified Organic**
- **Royal Ensign** *Convolvulus spp.* – A compact Morning Glory-type plant, covered with beautiful dark blue flowers with a white and yellow centre. Blooms intensify as days get shorter in August. **Certified Organic**
- **Strawflower** Double, straw textured flowers that grow as dried flowers in a beautiful array of colours. Perfect for adding to garlic braids - just pick as you braid. Hint: Pick flowers when they are only partially open because they continue to mature as they fully dry. Photo above. **Certified Organic**
- **Sweet Scented White Tobacco** *Nicotiana glauca* – This ornamental tobacco is one of our favourite flowers. The beautiful, drooping, lily-like, white flowers begin to open at dusk or on overcast days and release a truly intoxicating smell that is irresistible. We spend many an evening walking by this flower patch again and again. The flowers are also a powerful attractant to the sphinx, or hummingbird, moth - if you visit these flowers at dusk you may be lucky enough to catch a glimpse of one. Grows to 1m tall. Annual. **Certified Organic**
- **Tabac "Rustique"** Also called "little tobacco" or "smoking garden". A variety that is native to the Andes. The leaves have highly concentrated nicotine (9% vs 1-3% in common tobacco). It is mainly used today for creating organic pesticides. **Certified Organic**
- **Viola** An open-pollinated "penny" viola. 20cm tall and covered with masses of blooms from late spring to fall. Full sun to partial shade, tolerates mild frost and is a zone 5 perennial in sheltered areas. Mixed colours: blues, yellows, some purple and white shading with traditional pansy faces. **BC Certified Organic**
- **Zebrina** A cousin to the hollyhock, Zebrina has beautiful, satiny flowers in a soft, lavender-purple shade with striped deep maroon veins. Very attractive upright plant with broad leaves. Flowers are attractive to butterflies. Self-seeding annual. **Certified Organic**

Stellarseeds

order form

ORDER ONLINE TO PAY BY CREDIT CARD

Name: _____

Street Address: _____

City: _____ Province / State: _____

Postal Code / ZIP: _____ Country: _____

Phone: _____ Email: _____

IF WE ARE OUT OF STOCK ON A PARTICULAR VARIETY, MAY WE SUBSTITUTE? YES NO

QUANTITY	SEED NAME	PRICE
CONTINUED ON REVERSE		TOTAL THIS PAGE
		TOTAL SECOND PAGE
		SHIPPING & HANDLING *
		12% HST (BC customers)
		5% GST (all other Canadian customers)
<input type="checkbox"/> CHEQUE	<input type="checkbox"/> MONEY ORDER	<input type="checkbox"/> CASH
		TOTAL

- Shipping & Handling ***
- Up to \$20 \$3.50
 - \$20.01 - \$40 \$4.50
 - \$40.01 - \$60 \$5.95
 - \$60.01 - \$100 \$6.95
 - \$100.01 - \$200 \$8.95
 - \$200.01 and up\$10.95

Ordering Information – Canadian and U.S. Customers
 Payment can be made by cheque, money order or cash (wrap money securely) in Canada or the USA. Make cheques payable to Stellar Seeds. U.S. customers do not need to pay GST or HST.

All seed packets are \$3.35 CDN or \$3.50 US.
For bulk seed listings
please visit www.stellarseeds.com



Visit our new updated website
stellarseeds.com

RR1 S4 C7 Kaslo, BC

Canada V0G 1M0

250 366 0061

info@stellarseeds.com

Stellar Seeds is certified organic through the Pacific Agricultural Certification Society, producer number PACS 16-035. We are a certified organic grower, processor and handler of seeds. None of the seeds we sell are genetically modified, and we are a signatory to the Safe Seed Pledge.

Back: Lettuce, Galisse Front: Marigold, Taj Mahal

ORGANIC

We use proactive, low-impact farming techniques that maximize soil health.

GMO FREE

We do not sell genetically modified seeds.

OPEN POLLINATED

Stellar Seeds are part of a rich public inheritance. You can save all the seeds we grow.

QUALITY TESTED

Our seeds are tested for germination rates.

Photos: Colleen O'Brien, Sue Moore Printed in Canada